

Read about the All-Stars game on page 3. Find the results and stories about the game tomorrow in the Sports section of *The Denver Post*. Keep up with the Rockies run to the World Series by reading the RockiesBriefs.

Real News

Take a leap of faith at



By Colorado Kids reporter Gabi Curry, 12, Parker

and campers danced to the beat. Cabin clean up was next followed by a daily question and answer time from the Bible.

The boys and girls went separate ways, heading to different sports facilities, like the volleyball or basketball courts or the lacrosse and soccer field. Before lunch, each group went off to their individual cabins for some downtime.

The lunch hall was filled with energy and excitement. After lunch, the lake awaited us. There were different options such as a slide, canoe, paddleboat, and the Blob, which is a striped floatation device that plummeted people into the lake. Although it had been raining all week, the lake was warmer than usual.

We experienced the low ropes course, which focused on trusting each other. At first I was extremely scared to try it, but I learned to put faith in my cabin mates.

Next, was the Gut Check. I was strapped into a harness and catapulted off a platform, 25 feet into the air. Screaming was necessary.

Dinner quickly became the pre-party for the western Hoedown dance, where counselors encouraged us to dance to country songs by Taylor Swift and other stars. We

Estes Park, COLORADO – When I arrived at Camp Timberline, I was instantly comforted by the extraordinary mountainside scenery surrounding me.

Camp Timberline, also known as Camp T, is a slice of paradise for children ages 7-18. Located near Longs Peak outside of Estes Park, it's founded on Christian beliefs.

As the campers stay through the week, not only do they enjoy high and low ropes courses, zip lines, and the Gut Check, they also learn about God's promises, trusting in God, and trusting in each other. I went to Camp T for just one day but by the end of the day I felt like a real camper just like everyone else.

The counselors are selected for their outgoing personalities, expertise in specific areas like sports or the arts, and their faith. They come from all over the country.

We started the day by raising the flag and reciting the Pledge of Allegiance. At breakfast, music played



Camp Timberline

dressed in western attire like cowboy hats and boots. Music blared as we learned new dances. No one was left out as counselors and campers danced throughout the party barn.

By the end of the evening, I was one of the campers - a friend and a sister in Christ. I was sad to go, but I am working on my parents to let me go again next year.

Diane Dahm is the sales director of the camp. She said, "God is so alive here. Our campers are mostly from Colorado but we get kids from outside our state and even from oth-

er countries like Japan. The kids are so excited about their camp experience that they immediately sign up for next year, so it's never too early to sign up for 2010."

I asked a camper her opinion of Camp T. "This was the best camp I've ever been to, mostly because of the zipline," said Sarah, 10.

There are still a few openings for a camp for 7-12 year olds next week. For more information, call 970-484-8462 or see the links at: www.DenverPostEducation.com/weblinks



Kids are all smiles at Camp Timberline in Estes Park. This Christian camp specializes in sports, ropes, and a variety of arts and activities to pack a lifetime of fun into a week you'll remember forever.

Photo courtesy Camp Timberline



Girls in Afghanistan excited to go to school



Kids are Heroes
stories by
**Rachel
Faulkner, 14,
Greeley**

Grapevine, TEXAS – Can you imagine not being able to go to school? To some children, that might sound great, but after a while, I bet you would wish you could go back. After all, you wouldn't be able to do much with your life if you didn't have an education.

Unfortunately, for many children around the world, this is a reality. For a long time, while a group called the Taliban ruled Afghanistan, girls could not go to school. Even now that the Taliban is no longer in charge, some girls remain uneducated.

That's a problem that 11-year-old Sarosha Hansraj of Dallas, Texas, set out to fix.

Sarosha decided she had to do something to help poor children af-



This student at the Girls of Darnami School in Afghanistan shows off the English-Pashto dictionary purchased for her by generous kids in America.

ter she was inspired by a bedtime story. She started an organization called "Children Care for Children," in which she raised money to help girls in the Darnami School in Afghanistan get a better chance at education.

"Now that they are free [from the

Taliban] I think they should have a chance and feel what it's like to go to school," Sarosha says.

But there's a lot involved with starting your own charity. You have to introduce yourself to strangers and give presentations. Sarosha gave a presentation to eighth graders.

"When I first started to do the presentation, I was pretty nervous but then it got better as I did more and more," she said.

The students she spoke to helped her put together a basketball Hoop-a-Thon, and they raised \$2,200!

Sarosha also sacrificed her birthday presents to earn money for her goal. While that was hard, she wisely says, "Giving makes me feel happy that I have made a difference. Giving doesn't only benefit the person receiving, but also gives great happiness to the person giving."

Sarosha's charity is still going strong. She's donated supplies to 500 Afghan girls and is currently working to give those girls dictionaries so they can learn English. Each dictionary only costs \$5. Sarosha, who is Muslim, plans to expand her work into other third-world countries as well.

She encourages people to work to make the world a better place. "No donation is too small. Even one dollar can make a huge difference," she says. "One of my favorite quotes is 'Find out how much God has given you and from it take what you need: the remainder is needed by others' (Saint Augustine)."

You can help buy a child a dictionary or other supplies. See: www.PostNewsEducation.com/weblinks

Find camouflaged creatures. How many trumpetfish can you find?



Illustrated by Ivan Mader
Answer: six trumpetfish



Sarosha Hansraj, 10, helps needy girls in Afghanistan get school supplies and shoes and socks and so they can attend school.

Two "Rockstars" rocket to All-Star game tonight



Sports by
Ian Murrin

All-Star game, then the team that represents that league in the World Series has home field-advantage, regardless of their record.

After getting off to a rocky start to the season, the Colorado Rockies have fought hard and have found themselves back in contention in the NL playoff race.

Rockies outfielder (OF) Brad Hawpe, 30, will be making his first career All-Star game because of his terrific offensive numbers, as well as his cannon of an arm in the outfield.

"I try not to think about personal accolades, but this is special to be recognized as an elite player in the league," said Hawpe after hearing about his selection.

Pitcher Jason Marquis, also 30, will be making his second career All-Star game. Marquis has been the Rockies best starting pitcher, posting a NL high of 11 wins.

"I'm a big believer in trying to prove the believers right," Marquis told *The Denver Post*. "People who believe in me, people who want me



Photo by Jamie Schwaberow/Rich Clarkson and Associates, LLC

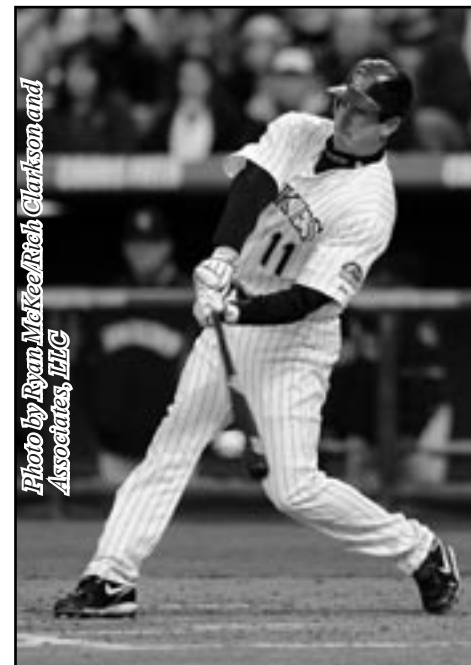


Photo by Ryan McKee/Rich Clarkson and Associates, LLC

Rockies pitcher Jason Marquis (left) and outfielder Brad Hawpe (right) will represent the National League at tonight's All-Star game.

St. Louis, MISSOURI – Before heading into the second half of the 2009 Major League Baseball (MLB) season, players and coaches are given a chance to rest their minds and bodies. This is the time the MLB hosts its annual All-Star game July 14 in St. Louis. Two Rockies players made the reserve team.

Many of the games' most popular players and rising stars will be showcasing their skills as the best from the American League (AL) take on the best from the National League (NL). Different from other professional sports All-Star games, the MLB All-Star game determines who will have home-field advantage in the season-ending World Series game played later this fall.

For example, if the AL wins the

on their side, I'm there to prove them right. I'll never look back and try to prove the doubters wrong."

Be sure to cheer on your Rockies

not only in the 80th All-Star game, but during the remainder of the season as they continue to make their push towards the playoffs.

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Kids,
Parents...

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burning!



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4		2	1		
	5				6
		3		6	
		5		4	
1					3
	3			1	4

S
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To play this 6-row puzzle, every row (across), every column (up and down), and each six-square box must contain numerals 1, 2, 3, 4, 5, and 6 only one time each. Find the answer to the puzzle on page 2.

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The wonder down under:

“One time I was diving in Indonesia with my wife, Gayle,” said underwater sea photographer David Hall. “We were exploring a new dive site and finding many rare and unusual animals. I saw a well-camouflaged scorpionfish called a devil stinger, and picked up a nearby stick to point it out to Gayle. To my surprise, the 2-foot-long ‘stick’ began to wiggle in my hand! It was a well-disguised seahorse relative called a stick pipefish.”

Teaming with life of every kind, the ocean is a rainbow bursting with brilliant colors. These hues can shift in a moment. A dull-colored frogfish can flash to bright yellow when wiggling behind yellow sponges. Camouflaged creatures are everywhere.

World-famous photographer, Dr. David Hall, of New York has dived to the depths of seas all around the world to bring these hidden wonders to you.

Trumpetfish are tricky. These long, slender fish imitate - mimic- their surroundings and change colors to match. Hanging upside down vertically, trumpetfish will stay motionless, waiting for a delicious-looking fish to swim by. In a moment, the trumpetfish will strike, opening its large snout to suck in fish wider than



Stargazer fish (left) burrow quickly in the sand to hide from their enemies and to attack prey. Trumpetfish (right) are clever when it comes to blending into their surroundings. They will often hover in a head-down position among vertically-oriented corals, as in this photograph that was taken in the Caribbean Sea.



itself. Harmless to humans, trumpetfish can appear purple, yellow, green or even blue, depending on the coral or sea fans it is sneakily hiding among.

The venomous stonefish can be a foot long. Although this type of scorpionfish is a rather clumsy swimmer, it is a watery wizard, master-

fully changing its color to “vanish” among seaweed, rocks, and sand on the ocean floor.

Its frowning mouth becomes a carnivorous cave, sucking in its dinner in 100th of a second. If you swim in tropical waters, be careful not to step on one! A stonefish has 18 poisonous spines for protection.

In seconds, a stargazer can bury itself in sand using fins that act like shovels. Most fish have eyes on the sides on their heads. The scary-looking stargazer has eyes that stick out and stare straight forward. Buried at the bottom of the sea, they appear to be gazing up at the stars.

Stargazers can grow to 2-feet long. If an enemy bothers it, a stargazer can zap it with 50 volts of electricity from a pouch hidden behind its bulging eyes.

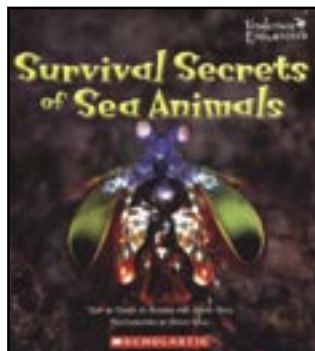
Stargazers, stonefish, and trumpetfish are just a few of the incredible camouflaged wonders hidden down under.



Stonefish are especially well-disguised members of the scorpionfish family. This one looks like a rock covered with seaweed.



With his camera, Dr. David Hall caught this pipefish off the coast of Indonesia. These slender, slow-moving creatures disguise themselves as a stick or branch, until they're ready to eat - watch out!



Photographer and scientist Dr. David Hall has a series of amazing picture books for you! See: www.DenverPostEducation.com/weblinks

SUDOKU ANSWER KEY

4	1	2	9	3	5
3	5	9	4	2	1
2	4	3	5	1	9
1	9	5	3	4	2
9	2	4	1	5	3
5	3	1	2	9	4

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What fish makes its own music?



Illustrated by Ivan Mader

A trumpetfish!